

Development of the 2005 Guidelines for First Aid

In 2004 the American Heart Association and the American Red Cross co-founded the First Aid Science Advisory Board, made up of key stakeholders in the field of first aid. The goals of the First Aid Science Advisory Board were to reduce morbidity and mortality due to emergency events and to analyze the scientific evidence on first aid. They reviewed and evaluated extensively the scientific literature and came to consensus on first aid science. From this consensus, the American Heart Association and the American Red Cross co-developed the *2005 Guidelines for First Aid*.

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2005 GUIDELINES for FIRST AID