

Heartsaver First Aid Online With CPR & AED Renewal FAQ Document

Q: What is the difference between Heartsaver First Aid Online and Heartsaver First Aid Online With CPR & AED Renewal?

A: These are two separate courses. Heartsaver First Aid Online provides first aid training through an online first aid course and a skills session with an AHA Instructor. Heartsaver First Aid Online With CPR & AED Renewal adds a CPR and AED portion for students needing a renewal in CPR and AED training. The Heartsaver First Aid Online with CPR & AED Renewal Course requires successful completion of both a first aid skills session and a CPR Skills Test in order for students to receive their Heartsaver First Aid Course Completion Card.

Q: Why is this course renewal only for CPR and AED?

A: At this time, the Heartsaver First Aid Online With CPR & AED Renewal Course is intended to provide a convenient alternative to renew CPR and AED training for users who have had previous CPR and AED training. CPR is a psychomotor skill and requires more hands-on practice with a CPR manikin than can be allowed for during a CPR & AED skills testing session. Pilot studies showed that first-time users felt uncomfortable testing on CPR and AED skills without having practice time with the manikin. Therefore, until further studies have been conducted, the CPR and AED portion of this course will provide an efficient renewal option.

Q: Who is the target audience for this course?

A: The Heartsaver First Aid Online With CPR & AED Renewal Course was designed for companies, corporations, businesses, and other entities that need or want to provide first aid training and an efficient CPR and AED renewal option to their employees, but who face many logistic obstacles with classroom-based training. Challenges can include the cost of having employees away from their jobs, high employee turnover, and scheduling. This course is appropriate for users receiving first-time or renewal first aid training, as well as those renewing their CPR and AED certification.

Q: What is taught in the Heartsaver First Aid Online With CPR & AED Renewal Course?

A: This course teaches the same material as the classroom-based Heartsaver First Aid With CPR & AED Course. Topics covered include First Aid Basics, Medical Emergencies Injury Emergencies, Environmental Emergencies, and CPR and AED use.

Q: How does Heartsaver First Aid Online With CPR & AED Renewal work?

A: There are two steps to completing Heartsaver First Aid Online:

1. Students complete the online, cognitive portion of the Heartsaver First Aid Online With CPR & AED Renewal Course. Students can complete this portion either at the workplace or home. Students complete a series of modules that cover all required topics in the AHA Heartsaver First Aid With CPR & AED Course. As with the classroom-based course, following each section of the online course, students complete a series of review questions. When students have finished all modules, a certificate of completion will be available for them to print.

2. Students complete the hands-on Heartsaver First Aid Online skills practice session plus a CPR & AED Skills Test with an American Heart Association Basic Life Support or Heartsaver Instructor. To receive a course completion card, students must pass the CPR and AED skills tests by successfully demonstrating competency in Adult/Child CPR. Infant CPR is optional.
3. Upon successful completion of the skills practice session and the CPR & AED Skills Test, the student receives an AHA Heartsaver First Aid Course Completion Card.

Q: How is a Heartsaver First Aid Online skills practice session conducted?

A: The recommendation for conducting the skills practice session is to evaluate two students at a time, one student in the role of victim and one in the role of rescuer. The students then switch roles, so that each student has the opportunity to be a victim and a rescuer.

Q: What skills are practiced during the Heartsaver First Aid Online skills practice session?

A: During the skills practice session, students have one-on-one time with an AHA Instructor in order to practice and become comfortable performing first aid skills. The skills practice session is scenario-based and covers the following first aid actions:

- Checking the scene for safety
- Putting on and taking off gloves
- Stopping bleeding
- Helping a victim in shock
- Using an epinephrine pen
- Performing a head tilt-chin lift
- Relieving choking
- Finding the problem

Also, the following optional first aid skills have been added:

- Bandaging
- Splinting

Q: How does Heartsaver First Aid Online With CPR & AED Renewal complement AHA's other self-directed learning courses?

A: This course complements AHA's other self-directed learning programs by providing additional choices and flexibility for customers who prefer online training versus classroom or CD-ROM-based training. One of the key benefits of an online course is that it is virtual and does not require the student to wait to receive an actual product. This course also provides an efficient way to offer CPR and AED renewal training.

Q: Will a Spanish version of Heartsaver First Aid Online With CPR & AED Renewal be available?

A: As with ECC's traditional courses, the need for a Spanish version will be determined by customer demand.

Student/Instructor Materials:

Q: What does the student need in order to complete the Heartsaver First Aid Online With CPR & AED Renewal Course?

A: To access this course, students will receive and use a key code. Once students have completed the online portion of the course, they are able to print a certificate that they present to the AHA Instructor providing their skills sessions.

Q: What instructor materials are needed in order to conduct a Heartsaver First Aid Online skills session?

A: The following items, posted on the AHA Instructor Network, will help Instructors prepare for and conduct the Heartsaver First Aid Online With CPR & AED Renewal skills session and test:

- Heartsaver First Aid Online With CPR & AED Renewal Training Memo
 - Includes equipment checklist and information on room set-up
- Heartsaver First Aid Online With CPR & AED Renewal Lesson Maps
- Heartsaver First Aid Online Skills Practice Sheet
- Heartsaver CPR Skills Testing Checklist

Training

Q: Who can teach Heartsaver First Aid Online With CPR & AED Renewal?

A: BLS Instructors and Heartsaver Instructors can teach this course.

Q: Is there a course completion card for Heartsaver First Aid Online With CPR & AED Renewal?

A: Students who successfully complete both parts of the course will receive the Heartsaver First Aid Course Completion Card. This completion card is valid for 2 years.

Q: How will students be evaluated on core knowledge in the online course?

A: The online course mirrors the classroom-based course in that students answer questions at the end of each section of the course. There are also scenarios within the online program for student interaction and reflection. During the skills practice session, students have one-on-one time with an instructor, which allows the instructor time to get students comfortable with performing the skills. This gives students taking the online course the practice time that is automatically built into the classroom course.

Q: How long is the course available to students following their initial completion?

A: The student keys are active for 12 months. This allows the student to re-login and go to the student review section for intermittent refreshers prior to the expiration of their 2-year certification.

Q: What is the retail price for a single key?

A: The retail price of Heartsaver First Aid Online is \$35/key.

Q: Will there be volume discounts for online keys?

A: Yes, volume discounts are available for purchases of more than 100 keys. These will be posted on the onlinetrainingplace.com Web site.

Q: Can a student exit the course at any time and re-enter at a later date to complete?

A: Once a student logs in and enters all pertinent information, they may enter and exit as often as needed to complete the course. Note: a student does need to complete the entire section before exiting. If they fail to do so, upon re-entering they will go to the beginning of that section and continue from there.