

*Nasco*  
**Life/form**®

**PEDIATRIC INJECTABLE  
TRAINING ARM  
SIMULATOR — LF00958U  
INSTRUCTION MANUAL**



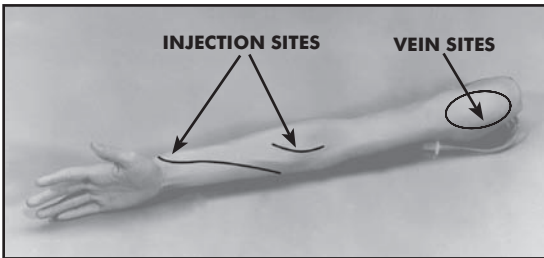
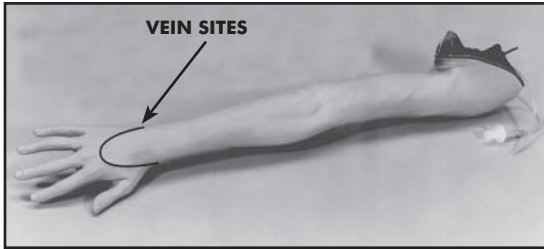
**DO NOT REMOVE FILM FROM TUBING!  
THIS PRODUCT CONTAINS DRY NATURAL RUBBER!**

**Life/form**® Products by NASCO

## About the Simulator...

The **Life/form**® Pediatric Injectable Training Arm Simulator is a dramatic and exciting training aid for practicing and demonstrating intramuscular and intravenous puncture of young children. Visual as well as tactile realism has been designed into this training aid to provide students with the most realistic training possible in developing skills for pediatric IM and venipuncture. A special, extremely thin synthetic skin is paired with rubber tubing with small lumen and thin walls to make the **Life/form**® Pediatric Injectable Training Arm Simulator the most realistic means of training medical personnel available.

With proper care, this **Life/form**® Simulator will provide years of reliable service. Please read the instructions carefully.



## List of Components

1. **Life/form**® Arm with White Skin
2. Blood Donor Set
3. 3 cc Syringe
4. **Life/form**® Venous Blood — 1 Pint
5. IV Bag

## Internal Structure

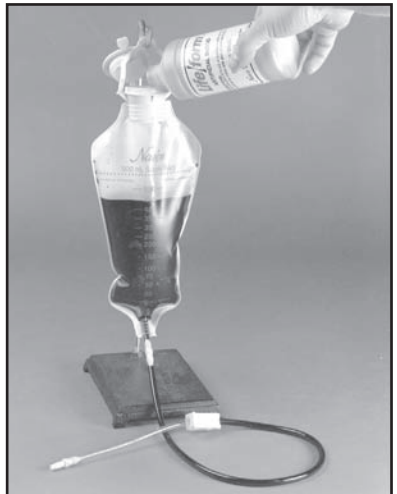
The photos on the opposite page show the position of tubing imbedded within the arm to simulate veins. The tubing is superficial in its full length, offering a wide selection of injection sites. Careful palpation should allow the student to locate the veins.

## General Instructions for Use



### A. Prepare Synthetic Blood

Concentrated blood colorant is provided. Fill the 16 oz. container with water for proper dilution.

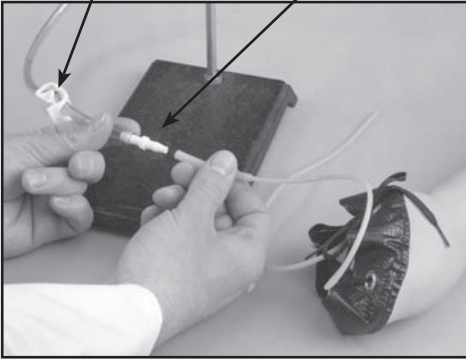


### B. Fill and Prepare IV Supply Bag

Pour diluted **Life/form**® blood into IV container.

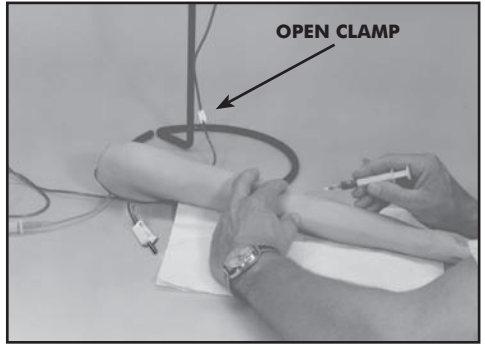
CLAMP  
CLOSED

CONNECT  
FIRMLY



## Procedures That Can Be Performed on This Simulator

OPEN CLAMP

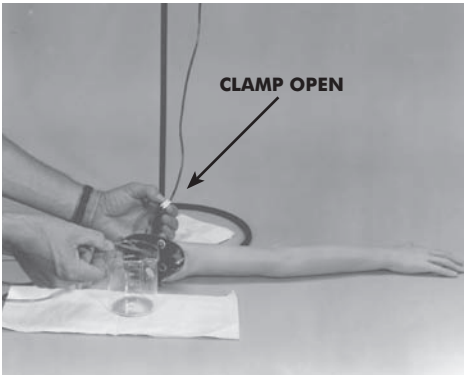


### C. IV Bag

Hang bag at 18" height. Be certain clamp on administration set is closed before hanging.

### D. Connect to Arm

The arm is supplied with a special connector that fits arm tubing and IV tubing. Insert connector from IV tubing into tubing coming from arm as shown.



### A. Venipuncture

The *Life/form*<sup>®</sup> Pediatric Injectable Training Arm Simulator is now pressurized and ready for venipuncture practice. Venous pressure is altered by varying the height of the IV bag. A height of 18" is a good starting point. Excessive height may cause leakage through previous puncture sites. Needle sizes should be kept as small as possible to minimize damage to the arm skin and tubing. Refer to pg 2 for identification of vein sites.



### B. Intramuscular Injections

The *Life/form*<sup>®</sup> Pediatric Injectable Training Arm Simulator has been designed to include a soft foam area in the shoulder to simulate the deltoid muscle and allow practice for intramuscular injections. The injection area can be easily located by palpation. Although fluids may be used for IM injections in this arm, it is recommended that air be used when possible to prevent build-up of fluids in the arm. If fluid is to be used, distilled water is recommended, and the arm should be allowed to drain before storing.

### E. Fill Venous System

1. Hold open end of shoulder tubing over container.
2. Open clamp and allow *Life/form*<sup>®</sup> Blood to flow through system until steady stream exits without bubbles through the open tubing end.
3. Place pinch clamp on open tubing end.

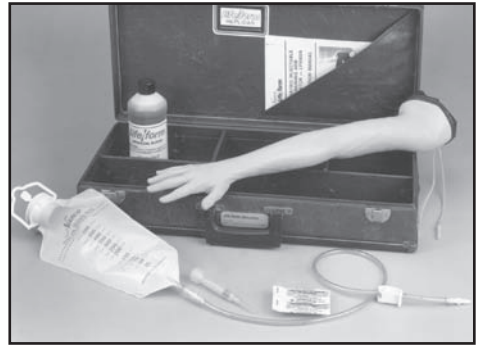
## Causes for Failure in Function

- A.** IV infusion may not flow if there is air in the venous system. Simply flush the system slowly with more synthetic blood or distilled water, whichever you are using. Be sure to check the IV bag clamp, it might have been overlooked and not opened.
- B.** During procedure of drawing blood, if blood cannot be aspirated:
1. The clamp on the IV tubing of the synthetic blood might not be opened.
  2. Air could be trapped in the venous system. Simply flush the system slowly, draining some blood or distilled water, whichever you are using, until all air bubbles are eliminated.
  3. If these measures do not unclog the venous system, try using a large (50 cc) syringe to force fluid through the tubing.
  4. If none of these measures work, peel off the skin to the knuckles.

DO NOT REMOVE FROM FINGERS. Examine all tubing for possible kinks that occasionally occur during assembly. Soap up outside of arm core generously with Ivory liquid detergent, and pull skin over arm core.

## Care of Simulator

This training simulator has been designed to provide the greatest possible durability and lowest maintenance while not compromising the realism of use. Following are some suggestions for helping you yield the maximum life from this unique simulator.



## A. Before Storing Arm

1. Disconnect IV bag and pour fluid back into container.
2. Rinse IV bag.
3. Drain arm. Open pinch clamp and tip hand up until fluid is removed. Flush arm with water. Rinse off exterior of arm, dry, and return arm to storage bag.
4. Return all components to case.

## B. Needles

Hypodermic needles are actually small cutting tools. Puncturing the skin and vein with needles results in small cuts or slits which will eventually lead to deterioration. The larger the needles, the larger the cuts made in the skin and the shorter the life of the simulator. It is recommended that 24-gauge or smaller needles be used. Always use sharp needles. Dull or bent needles cause excessive tearing.

## C. Distribution of Punctures

The vein is in contact with the skin from the point it enters the arm to the point of exit. If the injections are distributed along the length of the vein, without deviation from acceptable practice, the product will last longer.

## D. Tubing Sealant

Vein and Artery Tubing Sealing Kit (LF05126U) has been developed for use with **Life/form®** Injectable Simulators. It will effectively seal punctures in tubing.

## E. Skin Replacement

After prolonged use for injections, the skin on your training arm will show track marks and need replacing with Pediatric Arm Skin Replacement Kit (LF00986U).



1. Remove Used Skin from Arm.
  - a. Unite lace at shoulder.
  - b. Lubricate exterior of skin with Ivory liquid detergent.
  - c. Peel skin off by turning inside out.
  - d. Remove old tubing.



2. Install New Tubing.

Place new section of tubing in channel of arm core. Be certain equal portions of tubing protrude at shoulder.



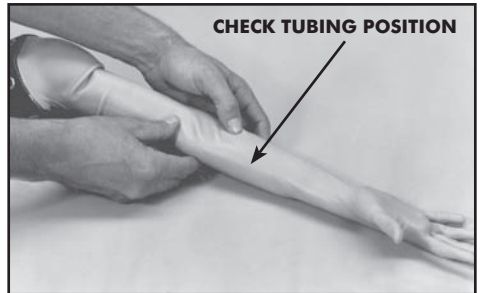
3. Lubricate Skin.

Pour contents of the bottle of **Life/form**® Simulator Lubricant provided inside arm skin and swish around to coat all inside surfaces.

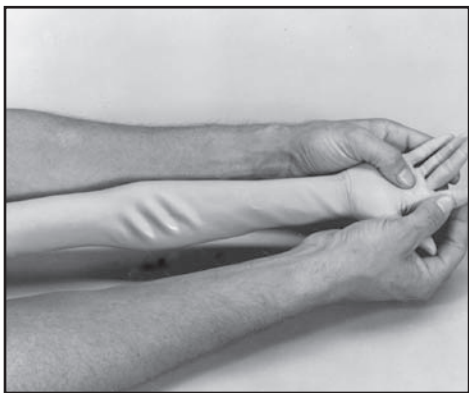


4. Install New Skin.
  - a. Slide shoulder of skin over head of core. Be certain to align palm of core and skin.
  - b. Grasp the skin with both hands and slide over core until fingers of core approach finger holes of skin.

**CAUTION:** The thin **Life/form**® Skin used to provide realism is tender and care must be taken not to stretch or tear the material when installing.



- c. Check tubing location. If tubing has moved from channel, try to work into place by palpating through skin. If unsuccessful, peel skin back (invert) until tubing can be replaced properly and then roll skin over core.
- d. Work fingers into place.
- e. Draw skin snugly into place.



5. Install Lace.

Thread lace through eyelets in alternating pattern, as illustrated, and tie snugly. Be certain tubing is protruding and not pinched by blowing through tubing.

6. Rinse.

Wash excess lubricant from exterior of arm skin. The Pediatric Injectable Training Arm Simulator is now fully reconditioned and ready to train hundreds of new medical personnel.

### **Supplies/Replacement Parts for Pediatric Injectable Training Arm Simulator**

**LF00986U** Pediatric Arm Replacement Skin Kit

**LF05126U** Vein and Artery Tubing Sealant Kit

**LF00845U** *Life/form*<sup>®</sup> Venous Blood — 1 Quart

**LF00846U** *Life/form*<sup>®</sup> Venous Blood — 1 Gallon

**W09919U** REN Cleaner

## Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (White)  
**LF00856U** Female Catheterization  
**LF00901U** Prostate Examination  
**LF00906U** Ostomy Care  
**LF00929U** Surgical Bandaging  
**LF00957U** Enema Administration  
**LF00958U** Pediatric Injectable Arm  
**LF00961U** Intramuscular Injection  
**LF00984U** Breast Examination  
**LF00995U** Arterial Puncture Arm  
**LF00997U** Adult Injectable Arm (Black)  
**LF00999U** Pediatric Injectable Head  
**LF01008U** Intradermal Injection Arm  
**LF01012U** Heart Catheterization (TPN)  
**LF01019U** Ear Examination  
**LF01020U** Supplementary Ear Set  
**LF01025U** Male Cath-Ed I  
**LF01026U** Female Cath-Ed II  
**LF01027U** Peritoneal Dialysis  
**LF01028U** Suture Practice Arm  
**LF01036U** Spinal Injection  
**LF01037U** Hemodialysis Arm  
**LF01062U** Pelvic, Normal & Abnormal  
**LF01063U** Stump Bandaging, Upper  
**LF01064U** Stump Bandaging, Lower  
**LF01069U** Cervical Effacement  
**LF01070U** Birthing Station  
**LF01082U** Cricothyrotomy  
**LF01083U** Tracheostomy Care  
**LF01084U** Sigmoidoscopic Examination  
**LF01087U** Central Venous Cannulation  
**LF01095U** Blood Pressure Arm  
**LF01108U** Intraosseous Infusion Simulator  
**LF01121U** Advanced IV Arm  
**LF01139U** Advanced IV Hand  
**LF01142U** Auscultation Trainer  
**LF01162U** Venatech IV Trainer  
**LF03000U** **CPARLENE**® Series  
**LF03601U** Adult Airway Management Trainer  
**LF03602U** Adult Airway Management on Manikin  
**LF03603U** Adult Airway Management Head Only  
**LF03609U** Child Airway Management Trainer  
**LF03610U** Child Airway Management Trainer Head Only  
**LF03611U** Child Defibrillation Chest Skin  
**LF03612U** Child IV Arm  
**LF03613U** Child Blood Pressure Arm  
**LF03614U** Child Intraosseous Infusion/Femoral Access Leg Only  
**LF03615U** Complete Child **CRiSis**™ Update Kit  
**LF03616U** Child **CRiSis**™ Manikin  
**LF03617U** Deluxe Child **CRiSis**™ Manikin with Arrhythmia Tutor  
**LF03620U** PALS Update Kit  
**LF03621U** Infant Airway Management Trainer Head Only  
**LF03622U** Intraosseous Infusion Right Leg  
**LF03623U** Infant Airway Management Trainer  
**LF03626U** Child Femoral Access Injection Pad Replacement  
**LF03632U** Child Intraosseous Infusion/Femoral Access Leg on a Stand  
**LF03633U** Child Airway Management Trainer with Torso  
**LF03693U** **Basic Buddy** CPR Manikin  
**LF03699U** "Airway Larry" Airway Management Trainer  
**LF03720U** **Baby Buddy** Infant CPR Manikin  
**LF03953U** **CRiSis**™ Manikin  
**LF03955U** Deluxe **CRiSis**™ Manikin  
**LF03965U** Deluxe "Plus" **CRiSis**™ Manikin  
**LF04001U** **GERI**™ Nursing Manikin  
**LF04020U** **KERI**™ Nursing Manikin  
**LF04021U** **KERI**™ Basic Manikin  
**LF04022U** **KERI**™ Advanced Manikin  
**LF04030U** **GERI**™ Advanced Manikin  
**LF04040U** **GERI**™ Basic Manikin  
**LF06001U** **CPR Prompt**™ Adult/Child Manikin  
**LF06012U** **CPR Prompt**™ Infant Manikin  
**LF06200U** **CPR Prompt**™ Keychain Rescue Aid  
**LF06200U** **CPR Prompt**™ Rescue and Practice Aid

*Nasco* Fort Atkinson

901 Janesville Avenue, P.O. Box 901  
 Fort Atkinson, Wisconsin 53538-0901  
 (920) 563-2446

www.eNASCO.com • E-Mail: lifeform@eNASCO.com